

1977 Region Boys 4AA - Friday, June 3

Teams: Stillwater 89, Coon Rapids 71, Anoka 61, Mounds View 56, Blaine 52, White Bear Lake 48, North St. Paul 36, Mariner 27, Spring Lake Park 18, Tartan 12, Elk River 8, Irondale 8, Hill-Murray 7, Mahtomedi 3, Centennial 0, St. Anthony 0.

120 High Hurdles

- 1 Todd Elmquist, NSP 14.4
- 2 Chuck Lowell, WBL 14.5
- 3 Ales, Stillw 14.6
- 4 Wllena, Coon Rpds 15.0
- 5 Steblay, Elk Rvr 15.1
- 6 LeMay, WBL 15.4

100 Yard Dash

- 1 Steve Geringer, Blaine 10.1
- 2 Jim Strande, SpLP 10.1
- 3 Messerly, MV 10.1
- 4 Wethe, Tartan 10.1
- 5 Larson, Coon Rpds 10.2
- 6 Peterson, Blaine 10.2

Mile Run

- 1 Mike Gebeke, Mariner 4:24.4
- 2 Doug Rogers, Blaine 4:25.1
- 3 Brisson, NSP 4:25.3
- 4 Munns, Anoka 4:28.4
- 5 Ales, Stillw 4:29.5
- 6 Lynch, Coon Rpds 4:35.5

880 Relay

- 1 Mounds View 1:31.6
- 2 Blaine 1:32.0
- 3 Stillwater 1:33.3
- 4 Elk River 1:33.8
- 5 Mariner 1:33.9
- 6 Anoka 1:34.6

440 Yard Dash

- 1 Dave Emmans, Anoka 49.8
- 2 Chuck Ratte, WBL 50.8
- 3 Kubas, Irondale 51.3
- 4 O'Keefe, NSP 51.7
- 5 Bergen, Stillw 51.8
- 6 Murray, Mahtom 51.9

180 Low Hurdles

- 1 Chuck Lowell, WBL 20.0
- 2 Rick Johnson, Anoka 20.1
- 3 Elmquist, NSP 20.2
- 4 Gillespie, Coon Rpds 20.4
- 5 Thompson, Stillw 20.5
- 6 Greenwald, Irond 20.8

Sprint Medley Relay

- 1 Mounds View 3:33.9
- 2 Stillwater 3:34.6
- 3 Blaine 3:38.4
- 4 Mariner 3:41.4
- 5 Coon Rapids 3:41.6
- 6 Anoka 3:43.0

880 Yard Run

- 1 Gary Delaney, WBL 1:56.6
- 2 Joel Packer, Coon Rpds 1:56.6
- 3 Conners, Hill-M 1:57.8
- 4 Knee, Mariner 1:59.1
- 5 Peterson, Anoka 1:59.6
- 6 Carlson, Coon Rpds 2:00.6

220 Yard Dash

- 1 Jim Strande, SpLP 22.8
- 2 Paul Wethe, Tartan 23.0
- 3 Thompson, Stillw 23.0
- 4 Larson, Coon Rpds 23.1
- 5 Hinriches, Elk Rvr 23.4
- 6 Summers, WBL 23.5

Two Mile Run

- 1 Lindsay Brown, Stillw 9:25.7
- 2 Gary Gilpin, Anoka 9:37.1
- 3 Powell, Coon Rpds 9:52.2
- 4 Mikulski, Stillw 9:58.0
- 5 Ray, Anoka 10:00.4
- 6 Vollmer, Blaine 10:01.3

Mile Relay

- 1 Stillwater 3:23.5
- 2 Mounds View 3:23.9
- 3 Anoka 3:24.3
- 4 White Bear Lake 3:24.3
- 5 Coon Rapids 3:27.3
- 6 Mariner 3:29.0

Shot Put

- 1 Don Hoffman, Blaine 58-5.5
- 2 Bob Hoover, Anoka 56-7
- 3 Cartier, WBL 55-10
- 4 McGarry, Stillw 53-11
- 5 Lindberg, Mariner 50-11
- 6 Lenz, Coon Rpds 50-10.5

Discus Throw

- 1 Dave Lindahl, NSP 166-0
- 2 Dean Kloeckner, Stillw 163-9
- 3 Hoffman, Blaine 157-5
- 4 Iazzio, Mariner 156-2
- 5 Rohde, Blaine 153-5
- 6 Hoover, Anoka 152-3

High Jump

- 1 Wayne Larson, Coon Rpds 6-4
- 2 Jeff Summers, WBL 6-2
- 3 Lahti, MV 6-2
- 4 Van Troup, MV 6-2
- 5 Bigelow, Mahtom 6-0
- t6 Strobel, H-M 6-0
- t6 Nickerson, H-M 6-0

Long Jump

- 1 Rick Johnson, Anoka 23-3.25
- 2 Wayne Larson, Coon Rpds 22-7.25
- 3 Eastman, MV 21-6.5
- 4 Messerly, MV 21-5.5
- 5 Thompson, Stillw 21-3
- 6 Marcussen, Stillw 20-11

Pole Vault

- 1 Tim Monson, Coon Rpds 13-3
- 2 Al Whitesell, Coon Rpds 13-3
- 3 Koenig, Stillw 13-0
- 4 Anderson, Stillw 12-6
- 5 Fonken, MV 12-6
- 6 Chilstrom, Irond 12-0

Notes: Stillwater was coached by Steve Forseth.